



## Healthy School Food Brigade

### Capitol Hill Advocacy Day – Wednesday, June 24, 2009

A broad coalition of Celebrity Moms, Political Moms, and Main Street Moms is coming to Washington, D.C. to urge Congress to support healthy food choices in our nation's schools.

**Can't make it to DC?** Your Voice is Still Needed! Call Your Congressman and Senators today and ask them to support healthy school foods!

Over a hundred activists from across the country will be in Washington, D.C. on June 24th as part of this grassroots movement to **get junk food out of schools**. Even though you are not in Washington, doesn't mean your voice shouldn't count.

- Call 202-225-3121 and ask to be connecting to your Representative or Senators. If you don't know their names, visit [www.house.gov](http://www.house.gov) or [www.senate.gov](http://www.senate.gov) to find out.

- Ask to speak to their aide handling the "Child Nutrition Act"

- Urge your members of Congress to cosponsor the Children Nutrition Promotion and School Lunch Protection Act and help get junk foods out of school. Use these talking points:

- 🍏 Congress is currently considering national legislation to improve the nutritional quality of foods and beverages in schools. This includes food sold in various outlets in public schools, not just the school lunch/breakfast programs. But also vending machines, a la carte lines, etc.
- 🍏 The nutritional standards that the USDA is currently using to regulate food sold in schools was developed in the 1970s and desperately needs to be updated.
- 🍏 USDA does not consider candy bars, snack cakes or French fries to be junk foods in schools.
- 🍏 Obesity and rates of Type II Diabetes have skyrocketed in American communities.
- 🍏 Those most at risk are families of underserved communities. Through healthier school food programs, Congress can ensure that children at higher risk and in public schools get at least 5 healthy meals a week.
- 🍏 Learn more <http://www.schoolfoods.org/>

**Don't Have Time to Call?** Make your voice heard online! Sign the Child Nutrition Act reauthorization petition and send the link to 5 friends. The more signatures we have, the louder our voice will be.

Sign the Petition: <http://www.foodincmovie.com/sign-the-petition.php>

Facebook Group: <http://www.facebook.com/pages/Child-Nutrition-Act-reauthorization-petition/93888175682?ref=ts>